

# COACHES FAQ

## HOW DO I CREATE A TEAM LIST?

Coaches can search the names of athletes using the search bar at the top of the screen. If the athletes have already sent you a coaches request that you have accepted, their information will automatically be added to your coaches corner upon selecting their name. If your athlete has not sent you a request, by selecting their name it will automatically send them a coaches request. This gives the coach permission to see the skill tracker information, notes, stunting level and workouts completed. You will then be prompted to name your team list.

## I HAVE ONE TEAM LIST, HOW DO I CREATE ANOTHER?

Open your Coaches Corner. In the top right hand corner you will see three dots. When you click into those three dots, you are brought to a menu. Here you can edit a team, delete a team or add a team. Click Add Team. You will be prompted to name your new team. You will then select what level this team is going to be. You will then be prompted to begin adding athletes. Please note that whatever level you make your created team, the analytics will be pulled from the athletes skill trackers at that level.

## HOW MANY TEAM LISTS CAN I CREATE?

You can create as many team lists as you'd like. You can even create lists for individual stunt groups, or tumbling classes.

## CAN MY ATHLETES SEE WHICH TEAM LISTS THEY ARE BEING ADDED TO?

No, they cannot. Anything that happens in the coaches corner is private to only the coaches who have a connection with that athlete. This is helpful for team placements and shuffling people around to build the best possible leveled teams.

## HOW DO I ADD AN ATHLETE WHO IS UNDER 13 ONTO MY TEAM?

If an athlete is under 13, they do not have the ability to send coaches requests therefore, the coach will have to send them a request by adding them to their team list. \*remember this automatically happens as you add athletes to your team lists if you have not already established a coach-athlete connection. The athlete under 13 will be able to accept your request.

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## HOW CAN I ACCESS MY ATHLETES INFORMATION INCLUDING WORKOUTS, SKILLS ETC.

Click on the athletes name to get into their performance profile. This is where you will be able to approve skills that have been requested, see workouts completed, assign stunting level & make notes. The skill tracker and approval of skills will be what contributes directly to the athletes individual analytics as well as the teams as a whole.



## WHY ARE THERE RED DOTS BESIDE SOME ATHLETE'S PROFILES?

The red dot indicates the athlete has not worked out in a minimum of 3 days. The red dots are part of the notification system which will notify you at 3 days and then again at 5 days if the athlete has not completed a workout.

**IMPORTANT TO NOTE:** The notification system will not be initialized until the athlete has completed their first workout.



## HOW DO I ADD NOTES AND CAN ATHLETES SEE WHAT I AM WRITING?

Once the athlete accepts your coach request, you will have full access to their performance profile. Within their performance profile in the lower right hand corner you will see a blue pencil, click here to view and write notes. Athletes cannot see these notes, but coaches who share this athlete will be able to see these notes. This is a great place to keep track of any general athlete notes, injuries, late arrivals, missed practices etc.



## HOW DO THE ANALYTICS WORK?

The analytics are based on the team level assigned. Each athlete contributes to the aggregate score of the team. The skills each athlete has approved within that level, as well as the assigned stunting level, pulls into the overall analytics for the team and overall aggregate score. Coaches have the ability to toggle each athlete on and off to help you create their strongest teams. Coaches can also move athletes from team list to team list by sliding the athlete's name left, selecting the door symbol and the new team list. The analytics are numerically a direct reflection of the skills your athletes have in the assigned level. **REMINDER:** The athlete will not be made aware of any of these changes being made in coaches corner, as it is private to the coaches only.